DECISION ONTARIO

NEW PREMIER WILL BE CHOSEN AT THIS WEEKEND'S CONVENTION PAGE 6

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WEEKEND, January 25-27, 2013

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Furtado struts her spirit INDESTRUCTIBLE

Nelly Furtado performs in concert at The Sony Centre for Perfoming Arts on Thursday. TOM PANDI/FOR METRO

Is he is, or is he ain't our mayor?

Ford's fate. Friday's ruling will settle legal question but could leave city with another mayoral quandary

Toronto's government could be launched into unprecedented uncertainty Friday by a court decision ending Rob Ford's unlikely mayoralty.

Unless there is a long-shot appeal to the Supreme Court of Canada, the Divisional Court decision to be released Friday morning will complete the legal saga that has roiled city politics and imperiled Ford's political future. It could leave Ford in power; it could also leave the city in the hands of an acting mayor.

The decision on Ford's conflict of interest appeal was made by a panel of three widely respected judges, including Edward Then, the senior justice for the Toronto region. It will be delivered at 9:30 a.m. to the lawyers involved in the case, then released online an hour later.

The panel could decide that Superior Court Justice Charles Hackland was wrong to rule in November that Ford violated the Municipal Conflict of Interest Act by voting in February to excuse himself from repaying $3,150 to lobbyists from whom he improperly took donations to his charitable football foundation. If Hackland's ruling is overturned, Ford will stay in office.

If the panel rules that Hackland did not make significant errors, Ford will be forced out of his job nearly two years before the scheduled end of his term. Deputy Mayor Doug Holyday will temporarily assume Ford's powers.

Holyday says he would call a special council meeting as soon as possible, probably for next week. At that meeting, councillors would make a high-stakes decision: Should the next mayor be chosen through a byelection, which would cost up to $9 million, or a council appointment, which would deprive voters of the chance to select the city's leader?

Ford has expressed conflicting views, saying both that he wants to be reappointed and that voters should have the opportunity to speak. Several key centrists said Thursday they prefer an appointment. Several left-leaning councillors said they prefer a byelection. And some Ford allies, such as Coun. Frank Di Giorgio, advocated a process that would be most advantageous to Ford — but which even Ford's aides are not sure is allowed.

The scenario goes as follows: Council first holds a yes-or-no vote on a motion to reappoint Ford — rather than voting, as usual, on a pool of nominees — and then, if Ford is rejected, council proceeds to approve a byelection.

TORSTAR NEWS SERVICE

Would a tot lie to you? You betcha

U of T study show toddlers can be less than truthful. Do their parents know? PAGE 2

Spence quits more than hunger protest

Attawapiskat chief suggests she is backing away from political fight PAGE 9

On Seed, dude reaps what he sowed

In new TV show, offspring find their way to sperm donor dad's door PAGE 20

NEWS 1

Shocking results

U of T study shows tots will lie

What comes out of the mouths of babes isn't always the unvarnished truth.

Indeed, some toddlers as young as two will start lying before they're out of diapers, a new University of Toronto study shows.

"We were very surprised that so many kids lied and lied so early," says Kang Lee, a senior child psychologist at the school's Institute of Child Study.

Lee's paper, published in the January edition of the American Psychological Association journal Developmental Psychology, pushes the onset of lying back some 18 months from the age previous research has suggested it would begin.

His team placed three toys behind the children's backs and asked them to guess what they were by the sounds they made.

"Let's say the first was a car and it made an engine sound and the child said: 'Oh, it's a car,' " he says.

The second might be a toy dog, which barked and was also easy to guess.

"Then we said there was a third toy and if you guess that right you get a prize," Lee says.

"But the third toy, let's say it was a Barney, but we played music that had nothing to do with Barney so there was no way they could guess correctly what it was." The researchers would then leave the room, telling the children they could not turn to peek — which the majority of them were caught on hidden cameras doing within seconds. TORSTAR NEW SERVICE

TORSTAR NEWS SERVICE

Renovation. Church of Scientology Toronto headquarters gets redone

The Church of Scientology's Toronto headquarters at 696 Yonge St. were shuttered last week, the windows and doors covered in plywood and its large signs covered with paper.

But there's no need for Cruise — an actor who is the church's most prominent member — to swoop in, jump on couches and save the day just yet, the controversial church is not closing up shop.

In the works instead is a spiffy renovation for the worn

A woman passes graffiti aimed at Tom Cruise outside the boarded up Church of Scientology building. RENE JOHNSTON/TORSTAR NEWS SERVICE

eight-storey structure the church has inhabited since 1979. TORSTAR NEWS SERVICE

Court. York U didn't have to pay big severance to accused, judge says

York University had options when it realized there was concern about an executive's possible impropriety, and most of those choices would have involved paying him nothing rather than almost $700,000 in a severance deal, a judge says.

Justice David Brown of the Ontario Superior Court of Justice made the comment about York's controversial deal with the fired official in a ruling this week that rejected the university's attempt for a freeze of the executive's assets pending the outcome of his fraud case.

Michael Markicevic, a former York assistant vice-president, bought a small aircraft after receiving his severance package in 2010, but Brown said in his decision that the university can't expect to tie up the property.

York, one of the country's biggest universities, fired Markicevic in February 2010. TORSTAR NEWS SERVICE

Violence continues striking our children

Tragedy. 9-year-old Brampton boy gunned down in his own living room

Jane. Ephraim. Shyanne. Breanna. And now Kesean.

Kids killed by bullets that found them.

On a downtown street crowded with Boxing Day shoppers, at a cousin's birthday party, during a backyard neighbourhood barbecue, in the parking lot of a housing complex. Remember those names, from a time when such murders seemed grotesquely aberrant?

And now a nine-year-old boy watching TV in his own Brampton living room: Kesean Williams.

But each time, just a little bit less shocking.

Five young people — from toddler to teen — slain in the city and its suburban edges over the past two decades.

This time it wasn't so random. Perhaps unintended as a target — not the victim his shooter had squared up, through the front window late Wednesday evening, a single bullet striking Kesean in the head.

The family — mother, two sons — had moved into the townhouse only a week ago, earlier than the Feb. 1 date they'd been scheduled to take occupancy, carting their belongings from another address just a few hundred feet away. That fatal bullet may have been meant for whoever had resided at 51 Ardglen Dr. before.

"I've been advised that the evidence shows that the house was targeted," Peel police Chief Jennifer Evans told a press conference Thursday afternoon. "I want to assure the community that this was not a stray bullet."

Where is the reassurance in that? A child is dead and comfort should be extracted from the horror because it was somebody else's son or daughter who ought to have been left

Police officers search the area with a police dog near the shooting scene Thursday, after nine-year-old student Kesean Williams was shot and killed in Brampton. BERNARD WEIL/TORSTAR NEWS SERVICE

lying in a pool of blood? Is that what we've come to?

The alternative to the scenario police are pursuing is that somebody deliberately set out to kill a nine-year-old and that's just too repellant a concept. It has to be the other, surely.

"It is unfathomable," said acting Supt. George Koekkoek, head of Peel's homicide bureau. "It's appalling to anyone to have a young child who's sitting in his living room ... watching TV and then to have that happen." TORSTAR NEWS SERVICE

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Fla. police mum on murder of T.O. couple

David Pichosky, 71, and Rochelle Wise, 66, were discovered dead inside a townhouse in Hallandale Beach, Fla. on Jan. 10. FACEBOOK

Winter home. Hallandale Beach has seen a wave of homicides this month

So little has been said about the murders of Toronto residents David "Donny" Pichosky, 71, and Rochelle Wise, 66, two weeks ago in their winter home of Hallandale Beach, Fla., that almost everything about their deaths remains a mystery.

Retired Toronto homicide investigator Mark Mendelson says he doesn't think the silence over the case suggests officers aren't making headway.

"Sometimes homicide guys talk too much."

Investigators are often tight-lipped, Mendelson said, "to maintain the integrity of the investigation, so people don't start concocting alibis."

Hallandale Beach investigators will be here next week to meet with Toronto police and the couple's family.

Joy Cooper said she believes it's the first time in her 10 years as mayor of Hallandale Beach that officers have left the country on a case. There have been four homicides in her community just this month, while over the past decade there were none at all, she said.

Steve Reesor, another former Toronto homicide investigator, said he finds the Florida force is particularly reluctant to speak. "Normally they would have at least divulged whether it was a home invasion or something like that," he said.

Cooper noted that the family of Mayor Rob Ford owns property in her community, and praised Ford's reassurances that police will co-operate fully with Hallandale investigators.

Hallandale police refuse to answer any questions about the case, except that they are awaiting toxicology testing.

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Do not cross. Police officer helps deliver baby on 401

Sgt. Ryan Snow holds a photo of the baby he helped deliver, with her parents, Thursday. TORSTAR NEWS SERVICE

Sgt. Ryan Snow scrambled through his police car in the pitch-black night in the early hours of Thursday morning, trying to think of something he could use to quickly to tie off an umbilical cord along Hwy. 401.

"The first thing that came to mind was actually a piece of crime-scene tape," he says.

Snow, a 39-year-old Halton officer, was at the end of his shift and anticipating getting home to his wife and daughter in Guelph, when he got a call to assist a woman in labour on Canada's busiest highway, near Hwy. 25, around 3:30 a.m.

"What I saw was a car on the side of the road with the four-way flashers on, and I could see what appeared to be a woman lying on the ground," he says, noting that she was only about two feet from the guardrail. "My heart was just in my throat."

Michele Tyndall, 32, was sprawled between the rail and an idling station wagon, going into heavy labour amidst heavy traffic and a -13 C night. Her husband, Adam Mascarenhas, was sitting at her feet, talking frantically to paramedics on his cellphone.

The couple was on their way to a Brampton hospital, said Sgt. Tom Reilly.

Snow had never helped or seen childbirth; his daughter is adopted. He sought advice from EMS over the phone, and finally, Baby Violet was born.

TORSTAR NEWS SERVICE

The shoe fits. Well, many shoes really: Survey

It's official: Women do indeed buy more shoes than men. The surprising part is that it's only twice as many women buying all those shoes; 41 per cent of women say they buy more than seven pairs in a year, while 20 per cent of men admit to the same number. So men are no slouches in the shoe-buying department either.

The survey results come from Play Taxi Media, a Canadian-based media company with a national network of touch screens in taxicabs. They surveyed more than 8,000 riders in December, and both genders responded in equal numbers.

It's more common for men to buy between one and three pairs of shoes a year, as 42 per cent of them do. That same 42 per cent also spend less than $250 on shoes a year, but another 31 per cent spend more than $500.

Those numbers are the opposite for women: 37 per cent spend more than $500 a year on shoes, while 31 per cent spend less than $250.

But the sexes come together when it comes to shoe brands, as Aldo is the top stop for both genders. Town Shoes, The Bay and Brown's are also amongst the most popular stores for footwear. PLAY TAXI MEDIA

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Decision Ontario: New premier will be elected this weekend

Post-McGuinty. So far, candidates have taken four out of five steps to reach the top, Metro journalist reports

JESSICA SMITH
jessica.smith@metronews.ca

The victor at Maple Leaf Gardens this weekend will win the premiership of Ontario — perhaps the biggest prize awarded there since the Leafs last won the Stanley Cup.

The voting begins around noon Saturday at the Ryerson Mattamy Athletic Centre, the former Maple Leaf Gardens. The decision-makers are an estimated 2,300 delegates, including 1,700 card-carrying Liberals elected by other party members. Those delegates are committed to vote, in the first round only, for the candidate they were elected to support. The rest are members of youth and womens' Liberal clubs and prominent Liberals called "ex-officio" delegates.

After the first ballot, delegates are free to vote for whomever they wish and the candidate with the fewest votes in each round will be eliminated until one candidate receives the majority of votes.

Former Windsor MPP Sandra Pupatello is leading with 27 per cent (504 total) of the elected delegates committed to vote for her in the first round. She also claims the support of 100 ex-officio delegates. Close behind is the MPP for Don Valley West, Kathleen Wynne, who has the support of 25 per cent (463 total) of the elected delegates, followed by former Parkdale-High Park MP and MPP Gerard Kennedy with 14 per cent (257 total), Mississauga-Erindale MPP Harinder Takhar with 13 per cent (244 total), Mississauga South MPP Charles Sousa with 11 per cent (198 total), and MPP for St. Paul's Eric Hoskins with 6 per cent (104 total).

The candidates have had three months to prepare for this day since Premier Dalton McGuinty surprised the province by announcing his resignation and proroguing the legislature. So far, the candidates have taken four out of five steps to becoming premier:

1. Get nominated

The candidates' first step was to raise a $50,000 entry fee and get nomination papers signed by 250 party members. Anyone holding a cabinet position was asked to resign.

2. Debate

Seven candidates entered the race and debated each other in five cities — Ingersoll, Thunder Bay, Ottawa, Ajax and Toronto — between Dec. 1 and Jan. 9. On Jan. 11, Toronto Centre MPP Glen Murray dropped out and endorsed Wynne.

3. Raise more money

Candidates have been raising money and, with no limit on contributions from individual donors, some have been given as much as $50,000 from a single source. As of Jan. 22, the Liberal leadership candidates vying to be the next premier had raised $1,781,605 in just over three months. They are allowed to spend up to $500,000 on the campaign and must give 25 per cent of the funds they've raised to the party.

4. Court delegates

On Jan. 12 and 13th across Ontario, OLP members voted for their preferred leader and a set of delegates to represent their choice and their riding association, student association or womens' group at the convention. Some candidates prepared delegates to run across the province, others concentrated on areas where they believed they would succeed. During the convention weekend, candidates and their teams will wine, dine and entertain the Liberal delegates.

Ontario Liberal party leadership candidates Sandra Pupatello, left, and Kathleen Wynne are the front-runners in the race to become the next premier of Ontario. FRANK GUNN/THE CANADIAN PRESS

5. Wheeling, dealing and working the convention floor

Before voting begins, candidates discuss alliances for voting day. As candidates are forced off the bottom of the ballot, their support of a remaining candidate can push that candidate to a majority. While all have shied away from announcing alliances, rumours and theories have emerged. Candidates' teams will be busy herding delegates and working the floor.

VISIT METRONEWS.CA FOR COVERAGE OF THE LIBERAL CONVENTION FRIDAY AND SATURDAY

Many Ontario issues stuck in purgatory during transition

Sandra Pupatello's delegate shuttle bus arrives at the Holiday Inn Thursday, right beside the former Maple Leaf Gardens, where the convention will be held. STEVE RUSSELL/TORSTAR NEWS SERVICE

The next premier will determine when prorogation ends. Front-runner Sandra Pupatello, who does not have a seat, will keep the house prorogued until she wins a seat in a by-election.

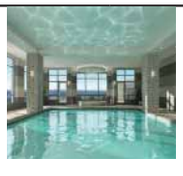
Another leading candidate, Kathleen Wynne says she would like to bring the legislature back at the earliest possible date, Feb. 19.

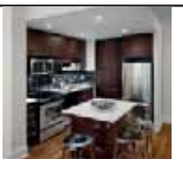
After prorogation, a general election may soon follow, depending on whether the New Democrats or Progressive Conservatives are willing to work with the new premier and his or her minority government, or choose to defeat it.

Premier McGuinty resigned just before public hearings into the Liberal government's cancellation of two gas plants in the Liberal ridings of Mississauga and Oakville, costing taxpayers an estimated $230 million or more, were scheduled to begin. While the legislature has been on hold, more evidence of financial mismanagement at Ornge have been made public, including the lavish spending habits of Ornge founder Chris Mazza, and the generous consulting fees paid to a doctor to advise him.

Even though the government has repealed Bill 115, which it used to force contracts on teachers unions, tensions still run high. Union leaders have said they are waiting for the new leader before determining what they will do next.

Ontario could also have its first female premier. If Wynne is successful, she will not only be the province's first female premier, but also Ontario's first openly gay premier. If Harinder Takhar is elected, he will be the province's first premier who is a visible minority. JESSICA SMITH/METRO, WITH FILES FROM TORSTAR NEWS SERVICE





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1461 Dundas St. W
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1 Yorkdale Rd., Unit 180
1 Dundas St. W, Unit 2010
220 Yonge St., Unit H014
112-10 Dundas St. E
2901 Bayview Ave., Unit 128A
329 Parliament St.
200 Bay St., Unit UC – 132B
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Stay safe. Changes in form and over-exertion common in cold weather

LIZ BROWN
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On an overcast and semi-frigid morning last February, I stepped out with the ambitious intention of clocking a 12-kilometre run.

As I picked my way down the snow-covered sidewalks west on St. Clair and south on Spadina to the waterfront, I began to feel a twinge in my left calf. Over the next few minutes that muscle became concrete-heavy and hard, each footfall sending searing pain up the length of my leg.

Sweaty and with no cash for a cab, I began hobble-jogging back up Spadina, my body's warmth escaping through my track jacket in puffs of steam. At Bloor, I began to shiver and knew the situation was dire — I pushed through the pain and put in a quick pace to get back indoors before I froze. That wretched, chilly journey home taught me a lesson: Have a little respect for Old Man Winter.

It's a sentiment shared by running coach Kevin Smith, president of Toronto's Marathon Dynamics, who says runners need to "'train" their muscles for winter running. "Muscle issues do happen when running with snow underfoot," he says. "It changes your form."

Snow causes more slipping in a runner's kickback, which results in constant calf-muscle contractions that manifest in calf pulls and Achilles injuries. Smith says that, as with marathon training, distances for snow running should be increased slowly.

Winter runners also need to be careful not to over-exert themselves, says Smith. "One of the biggest mistakes I see is runners looking at their watches, they have a training plan, but they don't adjust their pace for the temperature or inch of snow underfoot."

According to Smith, snowy conditions add 40 seconds per kilometre onto a runner's usual footing pace. This rule of extra time applies across the board — whether you normally run a kilometre in 5.5 or seven minutes.

"In severe cold and snow you do have to adjust your planned paces because your system won't work as well as when it's warmer," he says.

Runners take to the waterfront near Windermere Avenue on a frosty morning with a wind chill of -14 C last Sunday. Winter runners need to be careful not to over-exert themselves, experts say. VINCE TALOTTA/TORSTAR NEWS SERVICE

Other safety tips

- **Don't stop if you're sweating.** This can lead to a rapid drop in core temperature, according to Greg Wells, author of Superbodies and an assistant professor of kinesiology and physical education at the University of Toronto. "Plan a route with a shortcut home, so if you do sprain an ankle or something, you can get back into a warm environment relatively quickly," he says.
- **Hydrate.** "People don't worry about hydration as much in the cold, but it's just as important as in warm weather," says Wells. "Every time you go out in the cold and exhale, that steam that comes out is you blowing moisture out into the environment." Wells recommends drinking before, during and after your workout — just as you would in the summer. Remember: thirst is a sign of mild dehydration.

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India

Rape and murder trial begins

The trial of five men charged with the rape and murder of a 23-year-old student on a New Delhi bus began Thursday with opening arguments by the prosecution in a special fast-track court set up just weeks ago to handle sexual-assault cases.

Magistrate Geetanjali Goel is expected to rule Jan. 28 on the age of a suspect who claims to be a juvenile.

THE ASSOCIATED PRESS

Cloud Atlas

Chinese censors slash love scenes

Nearly 40 minutes have been chopped from the film Cloud Atlas for Chinese audiences, deleting both gay and straight love scenes to satisfy censors despite a public that increasingly chafes at censorship.

China allows only 34 foreign films to be shown each year in its movie theatres, which don't have an age-classification system.

THE ASSOCIATED PRESS

Women in combat

Pentagon lauds female fighters

Allowing women to serve in combat roles will strengthen the U.S. military's ability to win wars, Defence Secretary Leon Panetta said Thursday, shortly before his official announcement of the lifting of the ban.

"Our military is more capable, and our force is more powerful, when we use all of the great diverse strengths of the American people," Panetta said.

THE ASSOCIATED PRESS

Three men missing

Weather stalls Antarctic rescue

A rescue flight on its way to a group of Canadians stranded in Antarctica has had to turn around because of bad weather that isn't expected to improve until at least early Friday.

The downed plane was well-equipped with survival gear and supplies that could last five days. Yet the area is experiencing heavy snow and winds of up to 170 km/h.

THE CANADIAN PRESS

Chief Spence signs declaration, steps back from struggle

Idle No More. Pledge to cement support from federal allies

Attawapiskat Chief Theresa Spence emerged from hospital Thursday to sign the declaration that ended her hunger protest after six long weeks.

She suggested she now intends to step back from the political drama.

"There you go, chiefs, you take over and I'll be part of the audience sometimes, so I'll be watching you guys," Spence told her supporters at a downtown Ottawa hotel.

Many chiefs vowed to make sure the declaration that united the Assembly of First Nations, the federal Liberals and the NDP will not collect dust on a shelf.

"The fight continues. We have mobilized a nation," said Spence's spokesman Danny Metatawabin. THE CANADIAN PRESS

Cree leader Theresa Spence, who hadn't had solid food since Dec. 11, showed up unannounced at the celebration. SEAN KILPATRICK/THE CANADIAN PRESS

Confused and distant

Canadians not engaged by fight: Poll

A new poll suggests Canadians remain confused by the efforts of aboriginal activists and leaders to improve their relationship with the rest of Canada.

The Canadian Press/Harris-Decima survey found just four in 10 respondents were both familiar with and sympathetic to Idle No More.

Almost two in three respondents who were aware of the movement's goals said they were sympathetic, with residents of Atlantic Canada and British Columbia most likely to be supportive.

Meanwhile, a separate study of Idle No More activity on social media, where the movement came of age and spread around the world, also indicates public attention is waning.

The results of both reports suggest a major challenge ahead for Idle No More, even as First Nations leaders seek to codify their priorities in resetting the relationship.

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ACCOMMODATING ALL RIDERS – YOUNG AND OLD – IS TTC'S GOAL

ANDY BYFORD
CEO
TORONTO TRANSIT COMMISSION

This week's meeting of the Toronto Transit Commission included a public deputation about the use of baby strollers on TTC vehicles, more specifically a request to the TTC to charge extra and/or limit the number of strollers during peak hours. TTC staff members were asked to look at the issue, and the subject has certainly caught the attention of media and riders alike.

Let me be clear: The TTC will not charge an additional fare for strollers. We do not charge extra for bikes or for luggage, so I don't see how we could justify having a different policy for the carriage of one particular device.

As for limiting the number of strollers that can be carried, we will look again at our practice. But this needs to be seen in the context that the TTC is a service for all Torontonians – parents and children included – and many parents rely on the TTC to get their toddlers from A to B. I am loath to enforce a hard and fast rule; rather, I look to my operators to exercise discretion depending on the available space on their vehicles, and to riders to show consideration when using the system.

To me, this is the broader issue. From time to time, we receive complaints from customers about their fellow riders – namely that people block doors, are reluctant to move to the back of vehicles, or take up two seats thereby depriving someone else the chance to sit down. We also receive complaints about backpacks.

To me, the real challenge is the need for us all to be courteous and considerate when using the TTC, especially during the busy peak hours. Simple practices like moving to the back of a busy bus or streetcar and not blocking the doors of the subway train can make a real difference to the smooth running of the system and our ability to accommodate everyone.

As customer numbers continue to grow, the TTC is adding to its fleet larger buses and streetcars, as well as Toronto Rocket trains, to increase capacity. In parallel, I'd ask riders to do their part and maximize room and respect for others so that we can make travel as safe and pleasant as possible for everyone.

HAVE A QUESTION?

Have you ever wondered what causes a report of smoke at track level? What signal problems are? Or how the TTC tracks ridership? Now is your chance to find out. Send us an email at AskTTC@metronews.ca. Your question and our response could be published in an upcoming edition of Toronto Moves.

Customers looking for an immediate response can contact the TTC's Customer Service Centre on Twitter @TTChelps, at 416-393-3030, or in person at 1900 Yonge St., above Davisville Station.

DO YOU HAVE A QUESTION FOR THE TTC? SEND AN EMAIL TO ASKTTC@METRONEWS.CA

RECYCLE

Please keep the TTC litter-free. Recycle your reading materials in any station or platform receptacle.

DID YOU KNOW?

The shortest gap between two TTC subway stations is from St Andrew to Osgoode, measuring 0.24 kms.

YONGE-UNIVERSITY-SPADINA LINE CLOSED FROM UNION TO ST ANDREW FOR CONSTRUCTION

On Saturday, Jan. 26, and Sunday, Jan. 27, there will be no train service from Union to St Andrew Stations on the Yonge-University-Spadina line due to the construction of a second platform and modernization work at Union Station. Shuttle buses will not be provided, but customers can use the 504 King streetcar for travel between St Andrew and King Stations. Customers travelling downtown are encouraged to use St George Station if heading to the University line, or Bloor-Yonge Station if heading south of Bloor on the Yonge line. Normal subway service resumes Monday, Jan. 28.

ST GEORGE STATION ELEVATOR CLOSED FOR MAJOR OVERHAUL

The elevator connecting the bus bay at St George Station to the Bloor-Danforth and Yonge-University-Spadina subways will be out of service until late March for a scheduled overhaul. Customers can use the elevator at Yonge/Bloor Station to transfer between subway lines, or use the TTC's Trip Planner, available at www.ttc.ca for an alternative route. For updates on all TTC elevators, call 416-539-LIFT (5438).

EVENTS

JAN. 25:

- **Toronto Rock at Air Canada Centre:** Subway to Union Station. Expect minor delays due to ongoing construction at the station.

JAN. 26 & 28:

- **Toronto Raptors at Air Canada Centre:** Subway to Union Station. Expect minor delays due to ongoing construction at the station.

JAN. 31:

- **Toronto Maple Leafs at Air Canada Centre:** Subway to Union Station. Expect minor delays due to ongoing construction at the station.

SERVICE CHANGES

CONSTRUCTION:

- **72A Pape** buses diverting via Church, Wellington, York, King, Church, and The Esplanade, servicing stops outside King and St Andrew Stations due to work related to the Union Station Second Platform and Concourse Improvements Project.
- **509 Harbourfront** streetcars replaced by buses until Spring. Eastbound diverting via Lake Shore Boulevard, westbound via Queens Quay.

For more information on these and other routes, please visit www.ttc.ca

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Creditor claims. Mediation to divvy up Nortel assets fails to reach agreement

Efforts to divide up nearly $9 billion in assets from the now-bankrupt Nortel Networks Corp. ended Thursday without an agreement.

A spokesman for the talks says Ontario Chief Justice Warren Winkler, who was leading the proceedings, has concluded that further efforts at mediation were no longer worthwhile.

The negotiations began in Toronto on Jan. 14 and were supposed to conclude that week. They were extended twice.

This was the third attempt at settling claims against the former telecom manufacturing giant's business lines and intellectual property by about 100 creditors around the world, including companies in 20 countries on every continent except Antarctica.

Nortel filed for bankruptcy in North America and Europe in 2009. TORSTAR NEWS SERVICE FILE

The myriad of creditors include Nortel pensioners, disabled former employees, bond holders, trade creditors and governments.

It was not immediately clear what next steps would be taken. THE CANADIAN PRESS

Market Minute

DOLLAR
99.71¢
(-0.39¢)

TSX
12,823.62 (+29.57)

OIL
$95.95 US (+72¢)

GOLD
$1,669.90 US (-$16.80)

Natural gas: $3.46 US (-9¢)
Dow Jones: 13,825.33 (+46)

McDonald's says the Alaskan pollock used in its Filet-O-Fish sandwiches will come from suppliers with sustainable fishing practices. The move reflects growing concern among consumers about the source of their seafood. THE ASSOCIATED PRESS FILE

There's nothing fishy about these sandwiches

Sustainable sourcing. Ecolabel will certify that Alaskan pollock in McDonald's Filet-O-Fish is from ethical suppliers

McDonald's says it will be the first U.S. national restaurant chain to carry a label from a group that certifies sustainable fishing practices.

The blue "ecolabel" from the Marine Stewardship Council certifies that the Alaskan pollock used in McDonald's Filet-O-Fish sandwiches comes from suppliers with sustainable fishing practices.

Major retail chains including Walmart and Whole Foods already use the council's label. The non-profit group is paid a royalty fee from companies that use its label. For McDonald's, that means the fee would be based on sales of its fish offerings, such as the Filet-O-Fish and the Fish McBites that will be launched as a limited-time offer next month.

The Marine Stewardship Council, which has its international base in London, has about 300 fisheries in its program, representing between 12 to 14 per cent of the world's fisheries. THE ASSOCIATED PRESS

Hushed digits

App lets Android users cut down on roaming charges

Just-released made-in-Canada technology gives Android users the ability to buy anonymous phone numbers for a day, a week or a few months. "Ultimately, everybody in the world should have a second phone number," said Justin Shimoon, co-founder and CEO of AffinityClick Inc.

Shimoon and partner Timo Mika Glasser launched Hushed, the Android answer to Apple's Burner application, this week. Unlike Burner, which is available only in North America, Hushed is available in 40 countries.

That means someone in Toronto could buy a Japanese phone number and use it as a local number while travelling in Japan instead of buying roaming packages.

The Hushed numbers work on data networks, rather than phone lines. The app, available through the Google Play app store, is free but each phone number costs $1.99. TORSTAR NEWS SERVICE

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491 Dundas St W, Unit A
588 Parliament St
642 Danforth Ave.
2111 Jane St, Unit 6
Dufferin Mall
595 Yonge St.
80 Bloor St. W.
240 Wellesley St. E
222 Spadina Ave., Unit 3B
596 Queen St. W.
1396 St. Clair Ave. W.
2290 Bloor St. W.
East York
1094 Victoria Park Ave.
East York Town Centre
747 Don Mills Rd., Unit 22B
655 Victoria Park Ave, Unit 2
North York
1001 Pape Ave.
1030 Sheppard Ave W, Unit 3A
1343 Lawrence Ave W
1818 Eglinton Ave W, Unit 2
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Mississauga
Westwood Mall
High Point Mall
Square One
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7070 Saint Barbara Blvd, Unit 22
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Westdale Mall
20 Dundas St. E., Unit 1
7118 Airport Rd.
Etobicoke
Woodbine Centre
2456 Lakeshore Blvd W
30A Flexdale Blvd
Cloverdale Mall
25 Woodbine Downs Blvd., Unit 37
1062 Albion Rd, Unit A
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370 Main St., Unit 25A
252 Queen St E
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OBAMA, MISS O AND OLD KIDS

THE LIST
Neil Morton
metronews.ca

1 OCD4SH. I Mother Earth's Brian Byrne is raising awareness about his OCD4SH campaign, a collaboration between his clothing company OCD Collective and the autism foundation Surfers Healing. Through T-shirts designed by the likes of Raine Maida and George Stroumboulopoulos, money raised through sales helps send autistic kids to a therapeutic family surf camp in Cali.

2 Superbaugh. The Super Bowl between the San Francisco 49ers and Baltimore Ravens will see two brothers coaching against each other for the first time in Super Bowl history! John Harbaugh runs the Ravens while his younger brother Jim Harbaugh mans the 49ers. Jim must be saying to John: "Yo bro, remember, I'm your kid brother. Take it easy. It's only a game."

3 Beth Reeks. Further evidence the Internet is the place to get your start: 17-year-old Beth Reeks has signed a three-book deal with Random House after her young adult romance, The Kissing Booth, became a hit online. The book will now be published in paperback this spring. Reeks, the new teen queen of romance, is a young E L James — minus the erotica.

4 Red Pashmina. This grassroots campaign that started out of Peterborough, Ont., to empower and raise money for women in Afghanistan, has now attracted the attention of the UN. The two women behind the bright red scarves, Maryam Monsef and Jessica Melnik, are invited to speak at a United Nations summit in N.Y. on the status of women in March.

5 Obama. Beyoncé sang a rousing (albeit lip-synched) rendition of the national anthem, but the real star Monday on the Capitol steps was Barack Obama, who publicly began his second term as president at his inauguration in front of 800,000 spectators chanting "O-ba-ma!" "Now, more than ever, we must do these things as one nation, as one people," he said. He has four years left to make it happen.

6 Gretzky + Leafs? Social media went nuts this week when a show on The Fan 590 discussed the rumour Wayne Gretzky might be taking over as president of the Toronto Maple Leafs, a position left vacant after the recent firing of Brian Burke. Now if this ever happened, wow. If Gretzky can't save the Leafs, no one can.

7 Arisa Cox. Many of you might remember her from the 2001 Canadian reality series The Lofters. (I do.) So this week when Arisa Cox was named host for the first Big Brother Canada, which debuts Feb. 27th on Slice, it made perfect sense. After all, she knows exactly what it's like to live 24/7 with other strangers while the camera watches.

8 Kutcher at Macworld. Next week is the Macworld/iWorld conference in San Francisco, and Ashton Kutcher will be there to speak about what it's like playing Steve Jobs in the biopic on the Apple icon that is slated for April release. The best part would be if Kutcher actually showed up in character as Jobs. Now that would go viral.

9 Miss O. The Oprah Effect hit Western Canada as she made appearances in Edmonton, Calgary and Vancouver, talking about everything from the weather — bloody cold! — to the lessons she's learned in life. "Every day you get to paint on the canvas that is your life," she told a sold-out crowd Monday night at Rexall Place in Edmonton. Who's better at motivating than Oprah?

10 Butt Out. This week is Non-Smoking Week in Canada, a campaign that has been running for 30 years. It's great to see so many people talking about #nonsmoking on Twitter. I quit almost 13 years ago. If you're thinking about stopping, go for it. You can do it. Don't let nicotine rule your life.

11 Man bandz. When boy bands grow up, they lose a little hair up top, gain a little more on their back — and reunite sometimes. Yes, NKOTB, 98 Degrees and Boyz II Men are teaming up this spring and stopping in Ottawa, Montreal and Toronto. As Old Kid, er New Kid, Donnie Wahlberg said in a statement: "Ladies, we're coming for you." Yes, it won't be girls this time.

12 Steve Nash. Captain Canada was given a loud ovation Sunday during player introductions at the ACC in Toronto. But then he and his Lakers played flat (again) in a loss to the Raptors. There are those who still wish he had signed with the Raptors during the off-season. But it's become apparent a 38-year-old Nash in the twilight of his career might not have been the right ending for this national treasure.

Follow The Metro List on Twitter @TheMetroList

I've got worms ... you want some?

TSVANGIRAYI MUKWAZHI/THE ASSOCIATED PRESS

Tastes like chicken?

Mopane worms a rare delicacy

Sihle Nkomo begins to prepare harvested mopane worms at her home in Gwanda, Zimbabwe.

In Zimbabwe, as well as most parts of southern Africa, mopane worms are a staple part of the diet in rural areas and are considered a delicacy in the cities. They can be eaten dry, as crunchy as potato chips, or cooked and drenched in sauce.

THE ASSOCIATED PRESS

Gastronomical goodness

- A Zimbabwean nutritionist, Marlon Chidemo, says the worms are high in healthy nutrients and contain three times the amount of protein as beef.
- He says eating worms is less taxing on the environment than consuming beef because it takes far fewer leaves to produce worms than it does feed to produce the same amount of beef.

Slinging slugs

Get to know the quality of grubs

At the local market, mopane worms are quite popular with residents who buy a cup or two of them and eat them immediately.

The market is abuzz with activity, with most stalls strategically displaying the delicacy so people cannot miss them. Vendors offer free samples. The mopane worms are graded according to size and the area where they were harvested.

THE ASSOCIATED PRESS

Mopane around

- Dried mopane worms have become a multimillion-dollar industry, even exported to countries like South Africa and Botswana. They can be found in African restaurants in Paris.
- The worm is the large caterpillar of the Gonimbrasia belina species. It got its name from chomping the leaves of mopane trees.

Worth mentioning

J.J. Abrams set to direct next instalment of Star Wars being released in 2015

Another universe of sci-fi fans has been put in the hands of J.J. Abrams.

According to multiple trade reports, J.J. Abrams is set to direct the next instalment of Star Wars, which Disney has said will be Episode 7 and due out in 2015. Disney bought Star Wars maker Lucasfilm last month for $4.06 billion.

The Emmy-award-winning director has also captained the reboot of Star Trek for rival studio Paramount Pictures, with the next instalment in that series, Star Trek: Into Darkness, set to hit theatres May 17.

Citing unnamed sources, the news was reported earlier by Hollywood trade outlets The Wrap, The Hollywood Reporter and Daily Variety.

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I think you should have to take an IQ test before you can become a city #councillor. #Toronto.

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It's a really cold spell in#Toronto when a hat, mitts, scarf & brisk pace are required for a walk on Spadina. #IHateWinter

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@ghostpressbed:
The city of Toronto lists "trans-gendered" as a gender option. That's very forward thinking of them. To bad building a casino complex isn't.

metro

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Jason Statham stars in Parker — a movie without a lot of payoff. HANDOUT

Reel Guys

RICHARD CROUSE AND MARK BRESLIN

The heist goes all wrong

Bad + Bad = Bad. Steve Gow joins Richard Crouse this week to help him call out Parker for being a mistake-ridden flop of a film

Richard: Steve, the most shocking thing about Parker is that Jason Statham has hair in the opening scene. His usually close-cropped do is hidden under a wig that makes him look a bit like George Clooney's English brother. Other than that, this is as by-the-book as it gets. Did you buy into the story at all?

Steve: Not really. But as shocking as Statham is brandishing a wig as Donald E. Westlake's popular revenge-seeking character, he wasn't half as unconvincing as Jennifer Lopez when she pops up as the desperate, danger-seeking real estate agent. Was that bad casting or just a bad character?

RC: Her character is baffling. As a pseudo-love interest and almost co-conspirator, she's as grating as her co-star Nick Nolte's voice. If an Emery board could speak, it would sound like the rasp Nolte's vocal chords produce these days. For me, though, the moral of the movie is really skewed. The movie is so intent on selling the idea that the vengeful killer is really a good guy that a character at the end actually wonders if he is some kind of angel. Could it be that in this world bad + bad = good?

SG: I suppose Jason Statham is today's ideal mainstream anti-hero. After all, as mediocre as most of his films are, director Taylor Hackford is at least consistent in delivering what Statham does best — look sinister and kick butt. However, as absurdly indestructible as he is here, the film is too morose to be much fun.

RC: Statham is consistent, I'll give you that. He has two characters: Statham Character number one in which he plays a loner with a past who must protect a loved one and Statham Character number two, which is the loner with a past who must protect a youthful innocent. Here he's playing number one. The loved one is money, although there are a number of other characters that could easily have taken the place of the greenbacks.

SG: I agree. Concentrating on a compelling sidekick almost surely would've helped solve the questionably ineffectual supporting cast here.

One last thing — what kind of a name is Parker anyhow? That lame moniker sounds like Statham should be serving high tea and crumpets to the Crawley family on Downton Abbey, not cracking the skulls of crooked criminals.

Synopsis

After a daring robbery goes bad, thief Parker (Jason Statham) is double-crossed and left for dead. But because the movie is called Parker, he doesn't succumb to the gunshot wounds. Instead, he vows to put things right between him and the gang who cheated him out of his $200,000 split of the loot. "If you make a deal, both sides have to honour it, otherwise there's chaos," he says. "And I won't let chaos take over my life." Except that things get chaotic when he hatches an elaborate plan, involving his real estate agent (Jennifer Lopez), to get vengeance and his money.

Star ratings:

- Richard: ●●○○○
- Steve: ●●○○○

Drama

Krivina

Director. Igor Drljaca

Stars. Goran Slavkovic, Jasmin Geljo

In Igor Drljaca's debut feature, a restless Bosnian immigrant (Goran Slavkovic) living in Toronto returns to the former Yugoslavia to track down an old friend now accused of war crimes. But rather than finding answers, Miro's search for the elusive Dado thrusts him into a world still haunted by the horrors of the Bosnian War, leaving him to question what's real and what's not. Ghostly landscapes reflect the trauma of Sarajevo's history and a solid performance by Slavkovic as the emotionally vacant Miro gives his homecoming a sense of urgency. **MANORI RAVINDRAN**

Documentary

Italy: Love it or Leave it

Director. Gustav Hofer, Luca Ragazzi

The plot reads like a TLC version of the Odd Couple. After being evicted from their apartment in Rome, wide-eyed Luca Ragazzi and pragmatic Gustav Hofer must decide: move to Berlin, or remain in Italy? The cute set-up is actually a clever way for the pair, who wrote and directed this doc themselves, to explore their native country's rich culture and many problems. The pair is quite charming and their experiences carry the staged transitions well, often quite humorously. But there's a lacks of dramatic tension; the audience never feels one side will win this argument.
IAN GORMELY

Drama

Tatsumi

Director. Eric Khoo

Stars. Tetsuya Bessho, Yoshihiro Tatsumi

Whether you're a fan of Japanese manga or just a fan of alternative cinema, Tatsumi is worth the price of admission. A stylish exploration of groundbreaking comic book artist Yoshihiro Tatsumi's own memoir, the drama blends biographical details that involve Hiroshima, murder and sexual obsession in a dedicated style reminiscent of the septuagenarian artist's own work. The film plays loose with structure but it's at least compelling to watch.
STEVE GOW

Comedy

Stag

Director. Brett Heard

Stars. Donald Faison, Eva Amurri, Jon Dore

After he masterminded dozens of unforgettable (and some would say unforgivable) bachelor party pranks, it's finally time for Ken's friends to return the favour — and Ken (Faison) is terrified. But don't be fooled by the title, Stag is not the raucous film audiences might expect. Instead, it focuses on Ken's friends and the events that lead them to throw an unremarkable party. Though audiences might be disappointed by the end result, writer/director Brett Heard has assembled a talented cast who will offer plenty of laughs along the way.
REGAN REID

Comedy

A Haunted House

Director. Michael Tiddes

Stars. Marlon Wayans, Essence Atkins

One of the comic architects behind the Scary Movie franchise, Marlon Wayans is back with the found-footage horror spoof A Haunted House. However, if the lack of laughs are any indication, the actor's return should be as welcome as a poltergeist. Borrowing heavily from storylines in Paranormal Activity and The Exorcist, Wayans misses opportunities for clever satire forsaking it with tiresome and tragic gags involving farts and fecal matter.
STEVE GOW

Drama

Knife Fight

Director. Bill Guttentag

Stars. Rob Lowe, Carrie-Anne Moss, Julie Bowen, Eric McCormack

Former Clinton advisor Chris Lehane co-wrote this cable-TV style political satire set in San Francisco on the eve of gubernatorial elections. And assuming Lehane is frank, this look at cheating politicians and the spin doctors who wipe their slates is a subject we know pretty well. Knife Fight is a sometimes amusing retread weakened by its paint-by-numbers formula and glued on happy ending. Lowe snaps to attention, but the film feels flat and lifeless. Lowe is well-acquainted with the territory if you'll think back.
ANNE BRODIE

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Houlť: Undead man talking

Warm Bodies. Actor shares what it's like to take on a role that requires only one facial expression

NED EHRBAR
Metro World News in Hollywood

Nicholas Houlť has tackled trying to get the girl when you're an awkward tween (in About a Boy), a ruthless high-schooler (in TV's Skins) and a blue-haired mutant (in X-Men: First Class). But those challenges pale in comparison to Warm Bodies, in which he tries to win over a girl (Teresa Palmer) despite the fact that he's a flesh-eating zombie.

How tough is it doing a role that's basically one facial expression for most of the film?
Surprisingly easy, actually (laughs). Narrows down your options and what you have to do at work, and not a lot of dialogue to learn, which is beautiful. But yeah, I read the script and I was like, "This could be a cool film," and then I was like, "Oh, it's kind of tricky, though, isn't it? You don't get to say a lot, and you've got to move and act like a zombie, but you've also got to have this audience care for you and want you to succeed and have this girl care for you enough and fall for you, and there's a lot to do." With Teresa, it was just basically watching her do scenes the whole time, her just doing monologue after monologue and then I'd go, "Yeah, keep you safe. Hungry. Eat, whatever."

Have you heard every zombie joke in the world at this point?
You know what, I've made a few terrible ones myself. I've said, like, "Oh, he's a character I really liked and wanted to bring to life." Idiot. I said of the scenes with me and Rob Corddry, "I found it really difficult not to corpse" (which is British slang for laughing during a scene). So I've made a few terrible zombie jokes, but I haven't actually been on the receiving end of that many so far.

OK, zombies versus vampires. Where do you stand?
Who would win in a fight? Or the transition from vampire to zombie time?

As far as pop culture.
You know what? I'm trying to think. Aside from Twilight, what other vampire films have there been particularly recently? That's the prominent one. To be honest with you, I would probably have to go with the zombie thing just because I really like Shaun of the Dead and Zombieland and those sort of things, and 28 Days Later and stuff, so I think I'd go for the zombie — and not just because I played one in this film.

Nicholas Houlť finds the apple of his undead eye in Warm Bodies. HANDOUT

After having done this film, do you think you'd have trouble getting excited about doing a more traditional romantic comedy?
I don't know. I mean, I'm a sucker for a rom-com. You know, you feel good and you get all gooey. But I wouldn't want to do one of those ones that's very run of the mill, out of the box, off you go, pay $10 to go and see it and then sit there and nothing new happens. So it's tricky. I'd like to be able to do all types of films. Action, drama, romance, all of them.

I don't think anyone's going to try to stop you.
So far. Not with force yet, anyway.

Just this year you've got films in several different genres coming out.
Yeah, I've got a fairy tale family adventure movie, Jack the Giant Slayer. There's mild peril. There's giants that want to eat humans, so you know, I wouldn't take a really young kid to it.

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ENTERTAINMENT ONE

Jason Momoa relishes getting a Rocky sucker punch

Bullet to the Head.
Brawly actor isn't a stranger to tough guy roles, but even he was star-struck working with Sylvester Stallone

RICHARD CROUSE
scene@metronews.ca

A glance at Jason Momoa's IMDB page reveals that he is best known for playing roles described as a "vengeful barbarian warrior" or "powerful warlord." The burly six-foot-four-inch actor is famous for roles in Conan the Barbarian and Game of Thrones and often plays tough guys.

Next up he plays a muscle-bound mercenary in Bullet to the Head, an action flick the Hollywood Reporter called "beefy, brainless fun."

It's another case of type-casting, perhaps, but it did give him the chance to go mano-a-mano with one of the masters of the genre, Sylvester Stallone.

"You can't say enough good things about Stallone," says the Hawaiian-born hunk. "Truly, he is an icon. A legend, and so good at what he does."

Momoa even went through a special initiation rite courtesy of the superstar.

While shooting an epic fight scene on the film's New Orleans set, the older actor suggested he "tune me up" with a couple of real looking hits. Promising to pull his punches, Stallone instead landed a "monstrous" knock to the younger actor's side. Second take, same thing — "He just crumbled me," Momoa says — and that's the shot that made it into the film.

"He got me a couple of times," Momoa says. "He's the old bull. It's fun to get in there. I'm 30 years younger than him, so it's cool. Rocky punching me in the ribs. It's like a shout from the rock."

But how does someone raise a family when their day job is pretending to decapitate people on screen? Momoa, who has a young daughter and son with actress Lisa Bonet, says his family always comes to visit when he's working.

Jason Momoa stars in Bullet to the Head, opening next Friday. GETTY IMAGES

"My daughter was actually on set when I ripped a guy's throat out on Game of Thrones," he says. "It's hilarious. She was with the wardrobe lady, knitting. I said, 'Are you OK sweetie?' She said, 'Yeah Papa,' and went on knitting."

He admits it's an unusual way to raise the kids and when they get older it might be more difficult.

"School's pretty expensive," he says. "I may as well get a teacher and bring them with us. I'd rather have my kids going to the Louvre than learning about it in a book."

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Knock, knock: You have two children

Seed airs on City starting Monday, Feb. 4. You can watch the premiere online at the City website starting this Monday. HANDOUT

Seed. Sperm donor tracked down by his kids on new TV show

JON TATTRIE
scene@metronews.ca

What would happen if a carefree bachelor answered his front door and discovered he was father to a nine-year-old boy and a teenage girl?

The question occurred to Joseph Raso when a friend became pregnant via a sperm bank. Fascinated by the process of choosing a stranger to be the biological father to your child, he wondered what it would be like if the donor entered into your life unexpectedly.

"How do kids change you? And what if it went zero to 60 and suddenly you have a nine-year-old?" he says. "How does it affect the donor and the other families?"

Seed was born. It's a TV show about Harry, whose bachelor bliss has long been funded by regular deposits at the sperm bank. One day, one of those donations learns how to hack a computer to find out who his biological father is — and knocks on Harry's door. Soon enough, a teenage girl follows, along with a woman pregnant with another of Harry's donations.

For Harry, the challenge is the tug of war between his desire to be with his biological children and his desire to pick up hot women at the bar.

One of Harry's entanglements is Rose, a beautiful, neurotic single woman whose date with the sperm bank leads to an accidental relationship with Harry. "From that point forward, their lives are entwined," says Carrie-Lynn Neales, who plays Rose.

"She's just wildly insecure," she adds during a break in filming. Rose wants a child, but doesn't want a father to the child. She wants to be single and independent, but wants a relationship with an amazing guy called Aaron.

When asked if bar-tending Harry is typical of the guys she knows, Neales laughs and tries to compose an answer that won't offend any of her friends. "You'll find aspects of Harry and Aaron in this age bracket," she says diplomatically.

Seed is Neales's first starring role. "It's amazing — really a dream come true," she says. "It's a huge learning curve."

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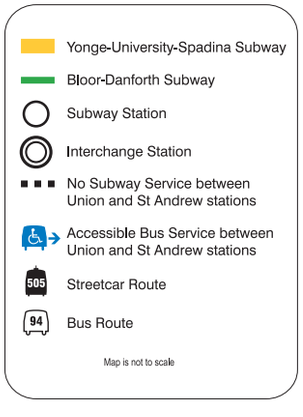

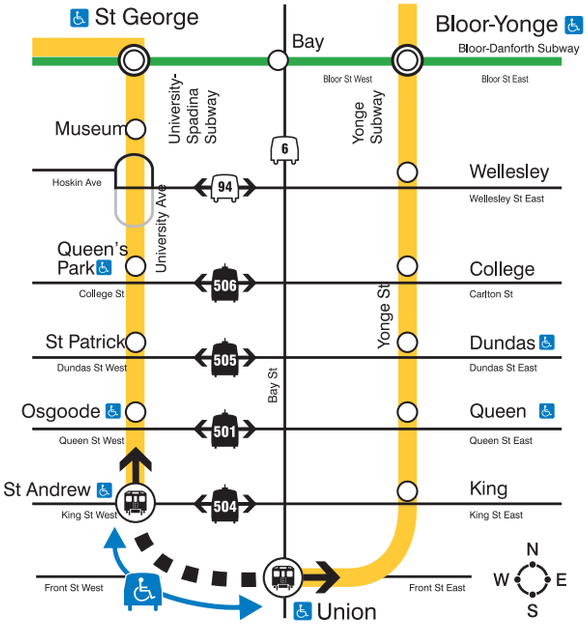

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TV picks

True stories of brainwashing: This week on TV

Viewers can catch up on the new comedy series 1600 Penn, about the First Family of the U.S., with Friday's back-to-back episodes. In the first, President Gilchrist (Bill Pullman) and his generals hold a group-therapy session while his wife (Jenna Elfman) does some damage control. In the next instalment, the president hosts a ball for a cranky senator and son Skip (Josh Gad) wants to attend the bash with a fetching mailroom clerk. **(Citytv)**

Brainwashed is a new series profiling the true stories of those who've been coerced into committing extreme acts. In this second instalment on Friday, Predator Prophet, we learn of a single mom who fell in love with a self-proclaimed Mormon Prophet and became his "spiritual wife." He eventually persuaded her to sell her possessions, give up her children and commit adultery. But even when he was imprisoned, she wasn't convinced to leave him. **(History)**

Maroon 5 frontman and The Voice judge Adam Levine makes another appearance on Saturday Night Live, but this time as host, not musical guest. The latter role will be filled out by Compton, Calif.-bred rapper Kendrick Lamar, who's earned rave reviews for his latest album, good kid, m.A.A.d city. **(Global)**

Paul Merton's Adventures follows the British comedian as he visits fascinating spots around the world. In the debut episode Saturday, he boards the biggest luxury ocean liner in the world and tours the Caribbean. Along the way, he gets lost on a reef in Mexico and meets the Jamaican dogsled team as well as a ferocious tiger. **(Discovery World HD)**

Liam McIntyre as Spartacus. HANDOUT

Awards season fever continues with the live broadcast of The 19th Annual Screen Actors Guild Awards, which honour performances in television and film on Sunday. This year's SAG Life Achievement Award recipient is Dick Van Dyke. He'll receive the honour from Carl Reiner and Alec Baldwin at the Los Angeles Shrine. Other presenters include Jeff Daniels, Neil Patrick Harris, Nicole Kidman and Julianna Margulies. **(Global)**

Starz unveils the final instalment in its Spartacus gladiator saga Sunday. Spartacus: War of the Damned sees the titular character (Liam McIntyre) continuing to win battles with his rebel army and freed slaves after the defeat of Roman commander Gaius Claudius Glaber. **(The Movie Network, Movie Central)**

THE CANADIAN PRESS

The best part of selling out for Folgers

Gavin DeGraw.
Singer/songwriter heading up competition for new Folgers jingle — with a $25K prize

LINDA LABAN
scene@metronews.ca

Listen up would-be songwriters — and Gavin DeGraw fans, too.

The pop singer/songwriter is heading up Folgers' competition for aspiring songwriters to create a new version of the coffee company's jingle, The Best Part of Wakin' Up is Folgers in Your Cup, which nets the winner $25,000.

But don't expect DeGraw to add his take on the tune. He is more of a mentor.

"My role is to inspire people to get involved, take a chance, because at some point I was also undiscovered and looking for every opportunity to have someone hear me," he says. "This is a great opportunity for someone who hasn't been seen yet."

DeGraw knows all about the career boost being attached to a brand offers. His song I Don't Want To Be was chosen as the theme song to the show One Tree Hill.

"That was my lucky break," he says. "I had released my album and it was doing well, but the opportunity of having your voice heard on a platform like that, there's great odds that millions of people will hear it."

The boost did help his 2003 debut, Chariot, sell more than a million copies.

And DeGraw is still soundtracking: "I wrote a lovely song with my friend Colbie Caillat," he says of We Both Know, which will be in Nicholas Sparks' latest movie adaptation, Safe Haven (out on Valentine's Day and starring Julianne Hough and Josh Duhamel).

But that's not all.

"I'm pretty deep into the next album already. I'll be writing a lot here in Los Angeles.

"I was in Miami producing a couple of songs for it. I'll be doing more in Nashville. It's good to stay busy, right?"

Whoa, did they say $25k?

The Folgers Jingle Contest runs through March 6. Entries are judged based on creativity, originality and musical performance. The top 10 finalists will be posted at folgers.com/jingle, ready for nationwide voting May 15 to June 19.

Gavin DeGraw is heading up a competition for aspiring songwriters and coffee drinkers. GETTY IMAGES

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Three Songs for the Weekend

SOUND CHECK
Alan Cross
scene@metronews.ca

This week's selections go far beyond the usual three-chords-and-an-attitude approach, but will pay off with repeated listening. Trust me.

Inhaler/Foals

Best use of a falsetto so far this year. Radiohead-ish, Cure-ish and Tears For Fears-ish with bonus big guitars. New album, Holy Fire (Feb. 11), might be their big breakthrough.

This Town Needs Guns/I'll Take the Minute Snake

Like Foals, they're from Oxford. And they've also studied the math rock tendencies of their Radiohead neighbours. The new album is 13.0.0.0.0.

Another Brick in the Wall/ Aysedeniz Gokcin

Wherein a young Turkish pianist transforms Pink Floyd into classical pieces of which Franz Liszt would be proud.

Just one of the Girls

Music. Christopher Owens on the story of his new concept album

PAT HEALY
scene@metronews.ca

After disbanding Girls last year, the first project that singer Christopher Owens chose to tackle under his own name was a concept album called Lysandre. The work — full of saxophones and flutes and Owens' take on classic pop-song architecture — might seem like the furthest thing from his previous band, but the narrative arc is all about Girls' first tour in 2008.

"It starts out being excited to go on that tour and not really knowing what to expect, because I hadn't done any tours before that," he says.

While he's dealing with his Girls experience in a very specific way on this tour, he won't play any Girls songs.

"I will play those songs again in the future," he says. "But I feel like with this album and this tour, it's clearly a thing — and it's kind of obvious that it will be a show of this album."

But Owens wrote the material for Lysandre shortly after that first tour, while Girls was still going.

"I didn't put (the songs) away to not work on them with Girls or anything," he says. "They were just seven songs out of the 60 or so that I wrote in those couple of years. And I guess I always kind of thought they would be Girls songs."

Name game

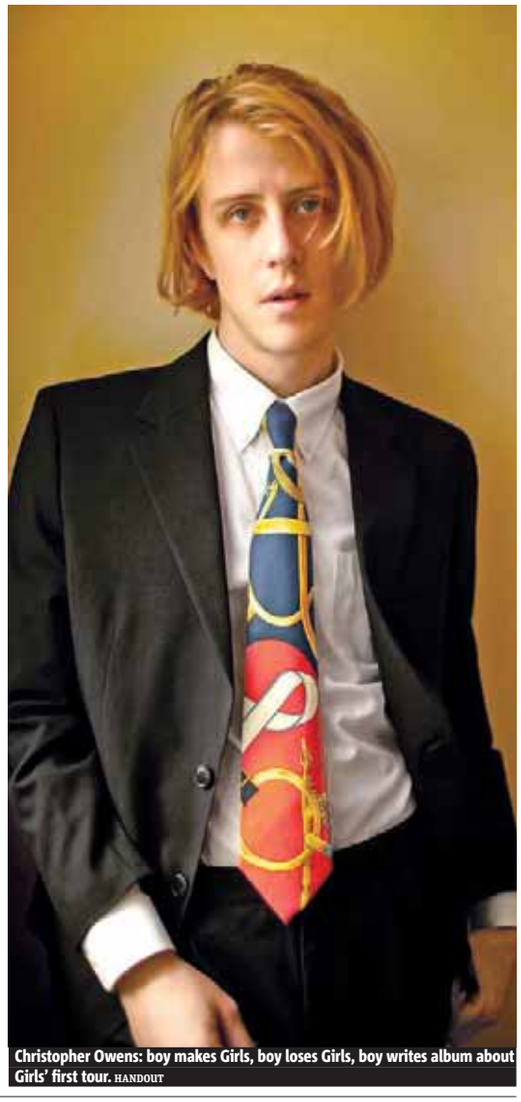
What does Owens think of the HBO show, Girls?

I haven't really watched much of that show. I just didn't really enjoy the fact that they used the name.

When I very first saw that it was a show coming out, I didn't really think about it. And then as I heard more about the show, I realized it was being worked on and made by people who definitely knew who our band was and knew that we existed and were definitely aware of us.

They could have simply added one word, or used a different word, and made it a different thing instead of straight taking the name as if it didn't matter at all.

It's something that I let go of pretty quickly, but at one point I realized that it was definitely a conscious choice that they made, just because of the people involved. They clearly were aware that we were functioning under that name and they kind of just viewed themselves as so big, and so much more of a big project, that it didn't matter. It could have been so simple to make it a different name. It could have been New York Girls or whatever. There was a point where I realized that and I got a little bit offended, that's all. ... And I guess the whole thing kind of resolved itself when I ended up not wanting to be in a band anymore anyway.



Christopher Owens: boy makes Girls, boy loses Girls, boy writes album about Girls' first tour. HANDOUT

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OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Kristen Bell terrified of her impending childbirth

Kristen Bell seemed to hint during an interview with Ellen DeGeneres that she's going to give birth to a boy, but the House of Lies star kept coy with a "maybe" when pressed.

Bell had said that fiancé Dax Shepard was looking forward to "all the off-roading he'll have in this tiny partner," but she says that doesn't mean it couldn't be a daughter.

"Do you have to be a boy to off-road? Absolutely not!" Bell said. "I think he's going to force (the baby), even if it's a sloth, to off-road."

One thing Bell was willing to admit, though, is that she's not looking forward to labour.

"I've got nothing to prove" by having natural childbirth, she said. "I feel like, when I arrive at the hospital, I want a glass of whiskey, I want the epidural in my back and I want to get hit in the face with a baseball bat and wake me up when it's over because I've seen the videos, and it looks terrifying."

Quoted

"I feel like, when I arrive at the hospital, I want a glass of whiskey, I want the epidural in my back and I want to get hit in the face with a baseball bat."

Kristen Bell
Talking about the upcoming birth of her first child

Lena Dunham. ALL PHOTOS GETTY IMAGES

Lena Dunham skewers Rihanna over behaviour

Girls creator and star Lena Dunham is no stranger to criticism, but now she's going on the attack, chastising Rihanna for the messages the pop singer sends young fans with her behaviour.

"I just think about how many little girls beyond what I could even comprehend are obsessed with Rihanna," Dunham tells Alec Baldwin during a chat for his Here's the Thing podcast.

"She left Barbados, she's had this amazing career, she's won a Grammy. She's talented. And then she gets back together with Chris Brown and posts a million pictures of them smoking marijuana together on a bed. And it cracks my heart in half in a way that makes me feel like I'm 95 years old."

Lindsay Lohan

SXSW pans Lohan's latest

Lindsay Lohan's latest bid at a big-screen comeback is having trouble getting off the ground.

Her racy and controversial film The Canyons was rejected by the Sundance Film Festival earlier this month, and now it appears the South by Southwest (SXSW) festival in Austin, Texas, wants nothing to do with the film either, according to the Hollywood Reporter.

Twitter

@ElizabethHurley
Who thought Ugg boots were made in Australia? Just saw mine are made in China.

@idinamenzel
Mention of Stonewall in president's inauguration speech is still buzzing for me. Incredible

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Liquid Assets

Cheers to Robert Burns

LIQUID ASSETS
Peter Rockwell
@therealwineguy
liquidassets@eastlink.ca

I have fond memories of Robert Burns.

Growing up in Halifax, it was a standard post-Saturday-night-on-the-town ritual to enjoy a little fast food in Victoria Park, along Spring Garden Road, before the walk home. The best seat in the house was along the pedestal of the life size monument to the bard that's been standing there since 1919. I don't remember drinking much in the way of Scottish booze back in the day, I'll be raising a glass of something tonight in celebration of Robert Burns Day.

Scotland's claim to liquid fame is scotch — a polarizing whisky typically drunk straight. Rich, aggressive and swimming in personality, it can be a hard glass to swallow for most.

A fine dram to get your palate wet is Bowmore 12 Year Old ($45.99 to $64.99); the first recorded single malt distillery (back in 1779) on the island of Islay.

Softer than your average Islay whisky, it offers a rounded, honeyed malt flavour massaged by hints of the classic smoky/peaty character that's made the island famous.

If the thought of drinking scotch without mix doesn't blow your bagpipe, try softening it by adding a touch of spring water. **PRICES REFLECT THE RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.**

This recipe serves six. LORELLA ZANETTI, FROM ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS)

Southern flavour fiesta

Tex-Mex Flank Steak with Corn Salsa.

Bursting with flavours, this dish will be just as good the next day

ROSE REISMAN
for more, visit
rosereisman.com

With the sauce and corn salsa accompaniment, this is a great Southwestern dish. Sautéing the corn gives it a barbecued flavour.

Be sure to allow time for marinating the steak. Leftovers taste just as good the next day; either reheat gently or serve at room temperature.

1. Whisk the barbecue sauce, vinegar, molasses and hot pepper sauce in a bowl. Place the flank steak in a shallow, non-reactive baking dish and pour the sauce over the steak. Cover with plastic wrap and refrigerate for 2 hours or overnight.

2. For the salsa, spray a non-stick skillet with cooking oil. Place over medium heat, and sauté the corn and red pepper until the corn begins to brown, about 5 minutes. Stir in the beans, onion and cilantro. Set aside.

3. Remove the steak from the marinade, and set the marinade aside in a small saucepan.

4. Preheat the barbecue or a non-stick grill pan to medium-high and spray it with cooking oil. Cook the beef over medium-high heat for about 5 to 8 minutes per side, or until it's done to your liking.

5. While the steak is cooking, bring the reserved marinade to a boil and boil for 5 minutes. Serve the steak with the sauce and salsa on the side.

ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS) BY ROSE REISMAN

Ingredients

- 1 cup barbecue sauce
- 1/3 cup cider vinegar
- 2 tbsp molasses
- 1/4 tsp hot pepper sauce
- 1 1/2 lb flank steak

Salsa

- 1 cup canned corn kernels, drained
- 1 cup diced red bell pepper
- 1 cup canned black beans, rinsed and drained
- 1/3 cup chopped green onion
- 1/4 cup chopped cilantro

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Have a few gaps in your schedule you're looking to fill?
Whether you're hoping to dance, drink or just relax, check out these hot upcoming events courtesy of Notable.ca.
To get even more info on these Notable happenings make sure to check out notable.ca/nationwide/metro/Jan.25

NOTABLE NOW
Julian Brass, Founder of notable.ca, Canada's online source for young professionals

Motionball Winter Wonderland

On Feb. 8 at Muzik Nightclub (15 Saskatchewan Rd. at Exhibition Place), the 12th annual motionball gala — this year billed Winter Wonderland — will take place. Bringing together philanthropists, young professionals, partiers, tastemakers and fashionistas, the evening is in celebration and support of the Special Olympics Canada Foundation. Get your tickets early, this one sells out quickly!

ICRF Revolving Tables

On Feb. 7 at The Bram and Bluma Appel Salon in the Toronto Reference Library (789 Yonge St.), network and dine with some of the country's most accomplished and influential CEOs, executives and community leaders at the third annual ICRF (Israeli Cancer Research Fund) Revolving Tables. Gain valuable industry knowledge while supporting a notable cause at this fantastic event.

What's for brunch? A guilty pleasure

On Saturday, Feb. 2 at the Drake Hotel (1150 Queen St. W.), indulge in a delicious and decadent three-course brunch before shopping through pop-ups of local design talent including jewelry, apparel and accessories. In partnership with the Toronto Fashion Incubator, the Guilty Pleasures brunch combines both food and fashion in a very Toronto way.

The return of Hoof Café

After months of pressure from devoted fans, The Black Hoof has re-opened The Hoof Café. Well, sort of. In the space that now houses Hoof Raw Bar (926 Dundas St. W.), you can indulge in the famed Hoof Café brunch from Thursday through Sunday at a permanent "pop-up", where nose-to-tail dining is given its just rewards.

The other white party

On Thursday, Jan. 31, join City's Melissa Grelo and ET Canada's Tanya Kim at Amber Lounge in Yorkville (119 Yorkville Ave.). White chic is the style of the night, as you'll mix and mingle with the city's tastemakers while raising funds for the Windfall Clothing Charity. As part of the Wear White for Women series, this party will undoubtedly be white hot.

Just opened: Happy Child

We've a new late-night snack bar on Queen West (at 1168) that should put a smile on all our faces. Happy Child opened recently to the delight of diners looking for a bar with some nibbles. The menu will change consistently, with app-size plates ranging from sammies to risotto to anything Chef Fan Zhang can think of.

E-CIGZ CAN HELP YOU QUIT THE HABIT

COMPANY BOASTS THOUSANDS OF SUCCESS STORIES

Sean SonHing, president of Electronic-cigz.com, started his journey into the world of vaping more than four years ago in hopes of finding something that would finally help him quit smoking.

As a 20-year cigarette smoker of a pack a day, SonHing assessed the harm of cigarettes and desperately wanted to quit. After trying every method, he didn't find anything that worked for him.

In 2008, SonHing purchased his first electronic cigarette kit from China and was amazed at how the vapour produced and emulated smoking. He had finally found something that helped him quit. When vaping an e-cig, his cravings were satisfied and he was still able to enjoy the physical sensations of inhaling and letting out plumes of vapour.

After months of satisfaction, SonHing researched the market and started a company to help other smokers looking for solutions — but he wanted to offer the best. Research shows that the most important component for the best quality and safety is in the type of e-liquid used in the device. In 2009, e-cigz was the first in the market to offer electronic cigarette kits with 100 per cent U.S.-made liquid.

E-cigz holds strong to its original standards of offering U.S.-made, Crystal E-Liquid and pairs this with the highest-quality hardware in the market.

SonHing believes in the effectiveness and health benefits of these products and is passionate about offering them to smokers who have tried all means of quitting without success. E-cigz has thousands of satisfied customers across the world who have had similar success stories with their e-cigz.

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Maple Leafs brought back down to earth by Islanders

NHL. New York rallies from 3-1 deficit to snag a big win at the Air Canada Centre

Matt Moulson and Michael Grabner had two goals each as the New York Islanders rallied for a 7-4 win over the Toronto Maple Leafs on Thursday night.

Moulson had one of three third-period goals for the Islanders (2-1), who overcame a 3-1 first-period deficit to earn the win before an Air Canada Centre gathering of 19,125. Grabner, with two, and Keith Aucoin also scored in the third for New York.

Toronto (2-2) fell to 0-2 on home ice this season and returned to the ACC following a solid 5-2 road victory in Pittsburgh on Wednesday night. But that didn't impress some Leafs fans, who began to chant "Let's go Blue Jays" with 2:40 remaining.

Grabner gave New York a 4-3 lead at 3:27 of the third, firing a wicked wrist shot past Ben Scrivens for his second of the season before Aucoin scored his first just 1:08 later to put the Islanders ahead 5-3.

That was it for Scrivens, who allowed five goals on 20 shots in his third start of the season.

Scrivens was replaced by James Reimer, who got the win in Pittsburgh.

But Reimer was beaten cleanly by Moulson's wrist shot at 11:20 for his second of the season.

The Islanders were playing for the first time since beating Tampa Bay 4-3 on Monday and opened a five-game, eight-day road trip against Toronto.

Matt Frattin's goal at 17:47 made it 6-4 and gave the Leafs forward three points after being recalled from the AHL's Toronto Marlies earlier Thursday. Grabner added a short-handed empty-net goal at 18:50.

Mark Streit and former Leaf Brad Boyes had the other goals for the Islanders.

Carl Gunnarsson, Nazem Kadri and Mikhail Grabovski also scored for Toronto.

THE CANADIAN PRESS

On Thursday

7	4
Islanders	Maple Leafs

Toronto Maple Leafs goaltender Ben Scrivens reacts as New York Islanders left winger Matt Moulson celebrates a goal on Thursday in Toronto. FRANK GUNN/THE CANADIAN PRESS

DeRozan buzzer beater casts out Magic

Toronto Raptors guard DeMar DeRozan shoots the winning shot over Orlando Magic forward Glen Davis as time expires ion Thursday in Orlando, Fla. PHELAN M. EBENHACK/THE ASSOCIATED PRESS

DeMar DeRozan swished a fadeaway jumper at the buzzer as the Toronto Raptors fought off a late-game charge by the Orlando Magic to earn a 97-95 victory on Thursday night.

It was a wild offensive night on both ends, featuring 12 lead changes and 12 players reaching double figures.

DeRozan led Toronto with 22 points, followed by Amir Johnson with 21 points and 10 rebounds. It was Johnson's sixth double-double of the season.

The victory gave the Raptors a four-game season sweep of the Magic, who dropped their fourth game in a row.

Nikola Vucevic led Orlando with 19 points and 14 rebounds. Arron Afflalo added 16 points and Glen Davis had 15.

The Magic have lost 15 of their last 17 overall. They host Detroit on Sunday.

After three of their previous four games went to overtime, the Raptors found themselves in another close game late.

Offence went through the centre position for most of the night, with Vucevic and Johnson as the go-to options on both sides.

Then, the guards took over.

The Raptors ran the clock down to under 10 seconds before Davis reached in and fouled Johnson, leaving Toronto with just 4.3 seconds and setting up DeRozan's game-winner.

THE ASSOCIATED PRESS

On Thursday

97	95
Raptors	Magic

NHL

Sens maintain dominance over Panthers

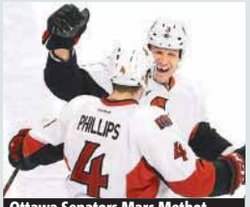
Erik Karlsson scored the go-ahead goal midway through the second period and the Ottawa Senators won their third straight game to start the season, beating the Florida Panthers 3-1 on Thursday night.

Chris Phillips also scored for Ottawa, and Craig Anderson made 25 saves. Jason Spezza added an empty-net goal with 1:16 remaining.

Ottawa has won 11 of the last 12 meetings between the teams.

The defending Southeast Division champion Panthers fell to 1-3.

THE CANADIAN PRESS



Ottawa Senators Marc Methot and Chris Phillips celebrate Phillips' goal Thursday in Sunrise, Fla.

THE ASSOCIATED PRESS

Olympics

Canada gets $40M for 2014 Games

Canada's motto for the 2014 Winter Olympics and Paralympics in Sochi, Russia, is to "maintain the gain" from the 2010 Games in Vancouver.

The organizations responsible for making that happen laud both the federal government and corporate community for keeping the financial pumped primed for athletes as the Sochi Games appear on the horizon.

Bal Gosal, Canada's minister of state for sport, and Own the Podium chief executive officer Anne Merklinger both emerged from a bobsled clad in skintight suits Thursday to trumpet the almost $40 million going to Canada's winter athletes in 2012-13.

THE CANADIAN PRESS

Azarenka fights anxiety to reach final

Australian Open. Belarusian takes medical timeout while struggling to put away teenage opponent

Victoria Azarenka had to endure some anxious moments before and after her win over American teenager Sloane Stephens.

Li Na wasn't flustered at all in an easy victory over No. 2-ranked Maria Sharapova.

The result is that Li will play for the Australian Open title against Azarenka, who ended Stephens' unexpected run to the semifinals that included a quarter-final upset of Serena Williams.

Another player who had little trouble Thursday was defending champion Novak Djokovic, who looked like he was conducting a tennis clinic in overpowering No. 4 David Ferrer 6-2, 6-2, 6-1.

Azarenka needed six match points to finish off a 6-1, 6-4 victory over Stephens that included a medical timeout after the American broke her serve to pull within 5-3 in the second set. After leaving the court for medical attention, the Belarusian returned to break Stephens' serve to end the match.

"I just felt a little bit overwhelmed. I realized I'm one step away from the final and nerves got into me for sure," Azarenka said.

THE ASSOCIATED PRESS

Quoted

"I played perfectly. I played incredible tennis."

Novak Djokovic after beating David Ferrer on Thursday. He will meet either Roger Federer or Andy Murray in the men's final.

Victoria Azarenka receives treatment from a trainer Thursday in Melbourne, Australia. THE ASSOCIATED PRESS

CFL

Face of the Lions dealt to Riders

The longtime face of the B.C. Lions franchise is heading to Saskatchewan.

Geroy Simon, the CFL's all-time receiving-yards leader, was traded to the Roughriders on Thursday in exchange for receiver Justin Harper and a third-round pick in the 2014 Canadian college draft.

Simon, a two-time Grey Cup champ and six-time CFL all-star, has recorded 15,787 yards over his 14-year career.

"The fans in B.C. have treated me as one of their own since I arrived here in 2001, and I'll never forget it," Simon said. "I'm looking forward to a new and exciting opportunity in Saskatchewan."

THE CANADIAN PRESS

MLB

Justin Upton joins brother in Atlanta

Justin Upton is joining older brother B.J. Upton in a new-look Braves outfield he expects will be called the best in baseball.

He said he's not willing to endorse that label until it is proven in 2013.

Arizona traded Justin Upton to Atlanta in a seven-player deal Thursday that sent former all-star infielder Martin Prado to the Diamondbacks.

The Upton brothers join right fielder Jason Heyward, who won a Gold Glove in 2012, in the outfield.

The Braves, who also get third baseman Chris Johnson, give up one of their top pitching prospects, Randall Delgado, and three minor leaguers in the deal.

THE ASSOCIATED PRESS

Changing stripes. Hornets swapped out for Pelicans

Hornets owner Tom Benson is changing his team's nickname to the Pelicans.

The Hornets announced Thursday they are making the change. The NBA still has to approve it, but commissioner David Stern has said he wouldn't object. The league is expected to expedite the change at the start of next season. THE ASSOCIATED PRESS

Owner Tom Benson reveals the Pelicans logo. GERALD HERBERT/THE ASSOCIATED PRESS

Better fit

- The new colour scheme is blue, gold and red, a departure from Hornets' teal, purple, gold and white.
- The brown pelican is Louisiana's state bird and has become identified with efforts to restore Louisiana's coast.

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BMO

Ballboygate

Hazard banned 3 matches for violent conduct

Just when it seemed Chelsea's reputation couldn't sink any lower after a controversy-ridden 2012, along came "Ballboygate."

The Football Association's disciplinary body is set to open a fresh file on the English club after winger Eden Hazard was sent off for kicking a 17-year-old ballboy while attempting to retrieve the ball toward the end of a League Cup semifinal match against Swansea.

The Belgium winger has apologized to the ballboy — and will not face criminal charges — but will be handed a minimum three-match ban for violent conduct, depriving Chelsea of one of its top players. The FA could increase the suspension in "exceptional circumstances."

Worse for the European champions, however, is having to face up to further accusations that its millionaire players are out of control, soon after racism scandals in 2012. THE ASSOCIATED PRESS

Road to stardom has been a bumpy one for Bekker

Soccer. Overlooked in the past, Oakville player now a national team member, recent Toronto FC draft pick

MVP of the MLS Combine. Making Canadian soccer history by being drafted third overall by Toronto FC. Called up by the Canadian national team.

It's been a banner month for Kyle Bekker.

But the 22-year-old midfielder from Oakville has had his share of bumps along his soccer road.

As a teen, he was frustrated at the lack of attention he got from national age-group teams before the Olympic (under-23) team. Given his success today, it seems a strange omission.

"I'm not too sure," he says with a chuckle. "You're going to have to ask someone else about that."

Then the lack of a European Union passport cost him a chance to stick with Ajax as a teenager. It was frustration he felt again recently during a tryout with England's Crystal Palace.

"There's been a lot of highs and a lot of lows," Bekker said in an interview.

The good times have been rolling recently, taking Bekker on quite a soccer journey. After Boston College's season ended, he had his December tryout with Crystal Palace.

"It was amazing," Bekker said. "It's just another level in England.

"Now signing in the MLS, I don't really have to focus so much on that. Now the task at hand is playing at TFC and breaking into that team."

Bekker has impressed at the Canadian camp, sweeping accurate passes around the field. He clearly has vision.

Bekker is equally poised off the field. He handles interviewers with ease, answering questions as they come without giving too much away.

"It's all fun, it's nice. It comes with the job," he said of the media attention. "But I don't get too wrapped up in it." THE CANADIAN PRESS

Man on the move

- Since mid-November, Bekker's itinerary has read Boston-London-Toronto-Fort Lauderdale-Indianapolis-Toronto-Boston-Scottsdale.
- His frequent-flyer numbers will continue to climb after his Canadian team commitments. Bekker and the other Toronto FC players here will head north from Arizona to take care of some club commitments before the MLS pre-season in Orlando.

Kyle Bekker speaks to the crowd after being selected by Toronto FC in the 2013 MLS SuperDraft on Jan. 17 in Indianapolis, Ind. JOE ROBBINS/GETTY IMAGES

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SPORTCHEK

Harbaugh family stuck in the middle of sibling rivalry game

Super Bowl lead-up. Tight-knit family of Ravens and 49ers coaches realize they have already won big

Jackie Harbaugh will wear a neutral-colored outfit, still to be determined. Her daughter, Joani Crean, little sister to coaching brothers John and Jim Harbaugh, plans to sport all black at the Super Bowl to show no allegiances whatsoever.

"I am wearing whatever fits that day," Crean quipped.

The entire Harbaugh family — a close-knit, hyper-competitive crew that also includes Indiana basketball coach Tom Crean — realizes it has already won big. They got their Super Bowl victory on Sunday, when each coach did his part to ensure a family reunion in New Orleans next week, with John's Baltimore Ravens facing off against Jim's San Francisco 49ers in the first Super Bowl with sibling coaches on opposite sidelines.

One Harbaugh will haul home the Lombardi Trophy from the Big Easy.

And, no, the family members haven't decided where to sit for the Feb. 3 NFL title game at the Superdome — or at least they aren't revealing it if they have.

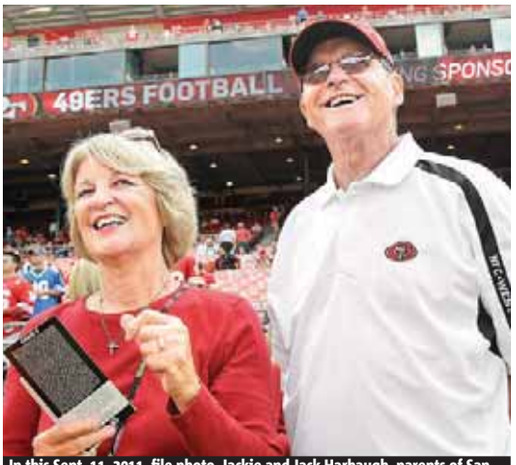
"The Super Bowl is the ultimate accomplishment for them and for their teams and for all of the extended football family and all of the teams who have participated in this great gam," Jackie Harbaugh said Thursday. We are excited for that type of thing."

Her sons, all of 15 months apart, have tried to downplay this matchup from the moment it developed.

Fortunately for the Harbaugh folks, they've been through this once before, albeit on a slightly smaller stage: Prime time on Thanksgiving night 2011. John's Ravens won 16-6 at home.

"We experienced that last year at Thanksgiving," Jack Harbaugh said, "the thrill of victory and the agony of defeat."

THE ASSOCIATED PRESS



In this Sept. 11, 2011, file photo, Jackie and Jack Harbaugh, parents of San Francisco 49ers coach Jim Harbaugh and Baltimore Ravens coach John Harbaugh, stand before a game between the 49ers and the Seattle Seahawks in San Francisco. PAUL SAKUMA/THE ASSOCIATED PRESS FILE

Quoted

"I am going to be neutral in the game, and I know one is going to win and one is going to lose, but I would really like to end in a tie. Can the NFL do that?"

Jackie Harbaugh, mother of John and Jim Harbaugh, jokes about watching the Super Bowl.

Relationship hoax. Te'o plays voice mails from 'girlfriend' on Couric show

The person Manti Te'o says was pretending to be his online girlfriend told the Notre Dame linebacker "I love you" in voice mails played during his interview with Katie Couric.

Taped earlier this week and broadcast Thursday, the hourlong talk show featured three voice mails that Te'o claims were left for him last year. Te'o said they were from the person he believed to be Lennay Kekua, a woman he had fallen for online but never met face-to-face.

After the first message was played, Te'o said: "It sounds like a girl, doesn't it?"

"It does," Couric responded.

The interview was the All-American's first on camera since his tale of inspired play after the deaths of his grandmother and girlfriend on the same day in September unravelled as a hoax in an expose by Deadspin.com on Jan. 16.

Couric addressed speculation the tale was concocted by Te'o as a way to cover up his sexual orientation. Asked if he were gay, Te'o said "no" with a laugh. "Far from it. Faaaar from that."

He also said he was "scared" and "didn't know what to do" after receiving a call on Dec. 6 — two days before the Heisman Trophy presentation — from a person who claimed to be his "dead" girlfriend.

The first voice mail was from what was supposed to be Kekua's first day of chemotherapy for leukemia.

"Hi, I am just letting you know I got here and I'm getting ready for my first session and, um, just want to call you to keep you posted. I miss you. I love you. Bye," the person said. THE ASSOCIATED PRESS

Manti Te'o THE ASSOCIATED PRESS FILE

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Clue of the Day: "Christie's psychogenic fugue was in fact an elaborate sham, calculated to embarrass her husband and his mistress."
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Sharability

See today's answers at metronews.ca/answers.

Horoscopes

♈ Aries
March 21 - April 20
So long as you enjoy what you are doing, you won't care in the slightest what other people think. Life is simply too short to worry about whether the world sees you as a "good guy" or a "bad guy".

♉ Taurus
April 21 - May 21
The only danger today is that because you insist on everything being thought out and planned in advance you might lose the spark of spontaneity that turns good ideas into great ideas. Be more open to alternative viewpoints.

♊ Gemini
May 22 - June 21
Today's Sun-Uranus link is sure to change your life for the better in some way. Exactly how and to what extent is impossible to know but by this time tomorrow you will have both a wider and deeper view of reality.

♋ Cancer
June 22 - July 23
Don't limit yourself to tried and trusted methods. Try something new for a change. Uranus, planet of changes, is urging you to be a bit more adventurous, especially on the work front where you should be taking the lead.

♌ Leo
July 24 - Aug. 23
You must live up to your beliefs, even if it brings you into conflict with people you would prefer not to make enemies of. You are entitled to think for yourself and to express your opinions, loudly if needs be.

♍ Virgo
Aug. 24 - Sept. 23
You have been ignoring a number of warning signals and that's not a good idea. Today's Sun-Uranus link will again indicate where you have been going wrong and this time you must take appropriate action.

♎ Libra
Sept. 24 - Oct. 23
Try not to exert yourself too much today. Given the choice between doing more or doing less, choose the latter without hesitation. You've done your bit, so treat yourself to a break.

♏ Scorpio
Oct. 24 - Nov. 22
If you are typical of your sign, you sometimes find it hard to think outside certain limits or boundaries. But, today's Sun-Uranus link will shatter any barriers that are holding you back. The word "impossible" should not exist.

♐ Sagittarius
Nov. 23 - Dec. 21
You could easily mislead yourself today about an issue that seems unimportant but is likely to have far-reaching consequences. Check every relevant fact. Don't take anything on trust, not even what your own senses tell you.

♑ Capricorn
Dec. 22 - Jan. 20
Forget about perfection today. Just aim to be as good as you can be at what you do and be happy with that. It's always good to set yourself new goals but it's not good to make them unreachable.

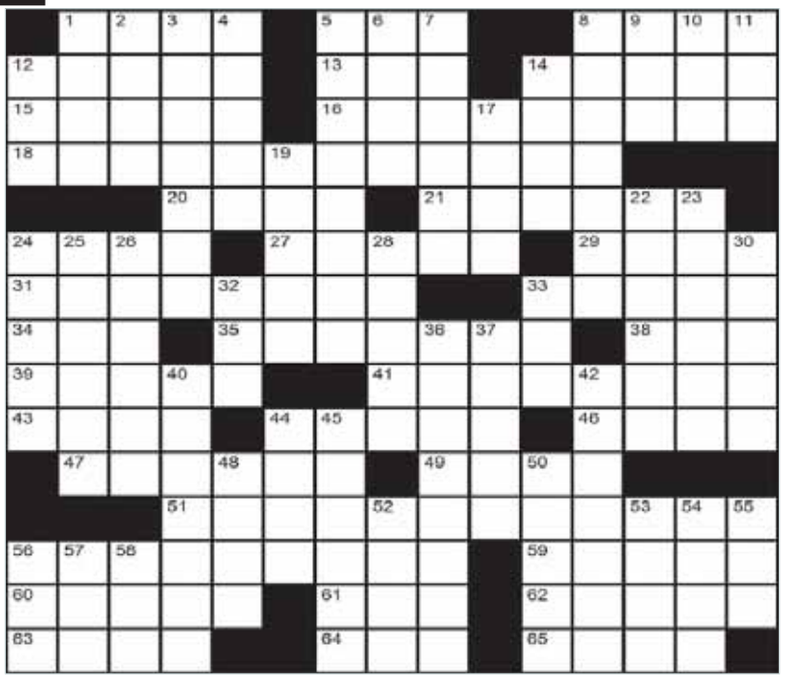
♒ Aquarius
Jan. 21 - Feb. 19
The Sun in your sign makes a positive link to your ruling planet Uranus today, which in plain language means that all your best traits will come to the forefront. Others will see you as some kind of genius.

♓ Pisces
Feb. 20 - March 20
You must not be indecisive today, because an opportunity will arrive out of the blue and if you don't make use of it immediately it will pass you by just as quickly. You may not feel confident, but act as if you are.

SALLY BROMPTON

Crossword: Canada Across and Down

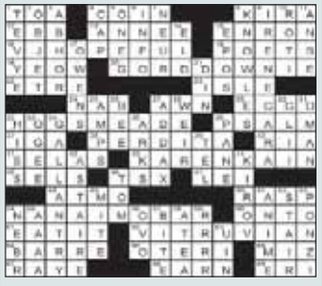
BY KELLY ANN BUCHANAN



Across
1. "Piano Man" Billy
5. Sea: French
8. Hong __
12. Valley of BC, Bella __
13. Wonderment
14. __ Vanilli
15. Commencement
16. Canadian singer/songwriter: 2 wds.
18. "Hansel & Gretel __ __" (2013)
20. Abound
21. Madonna's 1996 title role's namesakes
24. Irving Wallace novel, __ _ Document
27. Start of a challenge: 2 wds.
29. Dr. Frankenstein's pal
31. "The Matrix __" (2003)
33. Terminate
34. Music's __ Young Band
35. Movie studio
38. "__ _ Have to Say the Words?" by Bryan Adams
39. Ms. Tyler (of CBS' "The Talk")
41. Vito Corleone's gig: 2 wds.
43. Capital of Qatar
44. "Ocean __" by 54-40
46. Truck types
47. Late-Medieval war helmet
49. 'Exfol' ending
51. "Hockey Night in Canada" feature: 2 wds.
56. 90-second healthy living TV spot
59. Contaminate
60. Destiny's Child, and others
61. __-la-la
62. Ms. Macphail, Canada's first woman MP, in 1921
63. Fridge's friend
64. Ruler measurements [abbr.]
65. Shakespearean King

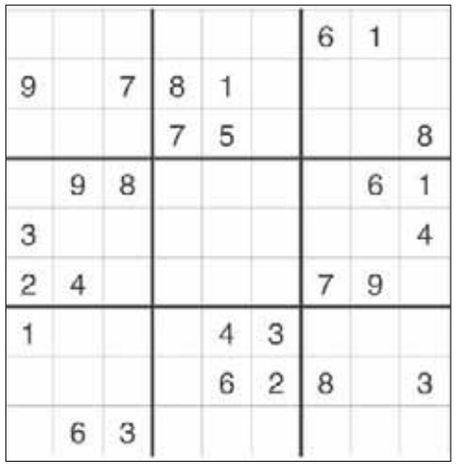
Down
1. Music's Ms. Mitchell
2. Flemish painter, Jacob van __ the Elder
3. Music genre, __-pop
4. Workshop machine
5. Shaun of "This Hour Has 22 Minutes"
6. Mr. McGregor
7. Tenant
8. Actress Ms. Alley
9. Not new
10. Atlanta Braves' baseball div.
11. __ rummy
12. Moo-er
14. Great Big Sea song: "__-Mac"
17. Ms. Campbell
19. Reality star Ms. Montag
22. "In-_-__-Da-Vida" by Iron Butterfly
23. "Must you leave __ __?"
24. Sole pattern
25. Charioteering sun god
26. Ms. Cuthbert of ABC's "Happy Endings"
28. Commander __ (Lorne Greene's role on the late-1970s version of "Battlestar Galactica")
30. Harnesses
32. Grammy competitor, commonly
33. Gladiator's 111
36. Actress Ms. Hargitay's
37. What the insurance commercials duck says
40. Brit singer Ellie Goulding's current album
42. Norm
44. Particular fruit
45. "Yada, Yada...": 2 wds.
48. High-arc tennis shots
50. "__ Recall" (1990)
52. Damage
53. Fashion brand, __ Ricci
54. Power, for short
55. Lefts opp.
56. "Takin' Care of Business" gr.
57. Popcorn's Mr. Redenbacher, for short
58. Board game cube

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.



Yesterday's Sudoku

4	8	9	5	1	2	3	7	6
3	6	2	9	7	4	5	1	8
7	5	1	6	3	8	4	9	2
1	3	4	8	5	7	6	2	9
2	9	8	4	6	3	7	5	1
5	7	6	2	9	1	8	3	4
8	4	7	1	2	5	9	6	3
9	1	3	7	4	6	2	8	5
6	2	5	3	8	9	1	4	7

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Wise customers read the fine print: •, *, ∞, †, § The 2013 Ram Event offers are limited time offers which apply to retail deliveries of selected new and unused models purchased from participating retailers on or after January 8, 2013. Offers subject to change and may be extended without notice. All pricing includes freight ($1,500–$1,595), air tax (if applicable), tire levy and OMVIC fee. Pricing excludes licence, insurance, registration, any retailer administration fees, other retailer charges and other applicable fees and taxes. Retailer order/trade may be necessary. Retailer may sell for less. •$26,495 Purchase Price applies to the new 2013 Ram 1500 Quad Cab SXT 4x4 (23A+AGR) only and includes $9,250 Consumer Cash Discount. *Consumer Cash Discounts are offered on select 2013 vehicles and are deducted from the negotiated price before taxes. †4.49% purchase financing for up to 96 months available on the new 2013 Ram 1500 Quad Cab SXT 4x4 (23A+AGR) model to qualified customers on approved credit through Royal Bank of Canada, Scotiabank, TD Auto Finance and Ally Credit Canada. Retailer order/trade may be necessary. Retailer may sell for less. See your retailer for complete details. Example: 2013 Ram 1500 Quad Cab SXT 4x4 (23A+AGR) with a Purchase Price of $26,495 (including Consumer Cash Discount) financed at 4.49% over 96 months with $0 down payment, equals 208 bi-weekly payments of $152 with a cost of borrowing of $5,092 and a total obligation of $31,586.78. §2013 Ram 1500 Crew Cab Laramie 4x4 with optional equipment shown. Price including applicable Consumer Cash Discount: $38,755. ≠Based on *Automotive News* classification and 2013 Ram 1500 3.6 L V6 4x2 and 8-speed transmission. 11.4 L/100 km (25 MPG) City and 7.8 L/100 km (36 MPG) Highway. Based on 2013 EnerGuide fuel consumption guide ratings published by Natural Resources Canada. Government of Canada test methods used. Your actual fuel consumption will vary based on powertrain, driving habits and other factors. Ask your retailer for complete EnerGuide information. ΩBased on 2012 *Automotive News* full-size pickup segmentation and competitive information. ™The SiriusXM logo is a registered trademark of SiriusXM Satellite Radio Inc.

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